



ALLERGEN CHART

This allergen list includes the eight major food allergens identified by the United States Food and Drug Administration (FDA): **eggs, milk, peanuts, fish, shellfish, soy, tree nuts and wheat**. Since soybean oil is highly refined, which removes the allergenic soy protein, the FDA does not require foods that contain soybean oil to be listed as a soy allergen. Although soy lecithin is refined oil, research has shown it may contain trace amounts of soy protein. For this reason, items that contain soy lecithin are marked as containing “soybeans.”

When checking for allergens, it is important to note that a menu item may come in contact with an allergen from other menu items due to shared equipment and preparation areas. For example, Potato Olés® are fried in the same fryer and oil as Crunchy Chicken and Churros. **There is no guarantee that cross-contact with other allergens will not occur.**

Menu Item	Crustacean Shellfish	Eggs	Fish	Milk	Peanuts	Soybeans	Tree Nuts	Wheat
<u>Current Promotions</u>								
Nachos Navidad / Super Nachos - Beef				X		X		X
<u>Loaded Nachos :</u>								
Loaded Nachos – Sirloin Steak				X		X		X
Loaded Nachos – Pork Carnitas				X		X		
<u>Desserts:</u>								
Apple Grande				X		X		X
<u>Tacos</u>								
Crispy Taco				X		X		X
Softshell Taco-Beef				X		X		X
Softshell Taco-Chicken				X		X		X
Single Street Taco-Sirloin Steak				X				X
Single Street Taco-Chicken				X				X
Taco Bravo®				X		X		X
Stuffed Grilled Taco				X		X		X
<u>Burritos</u>								
Super Burrito				X		X		X
Meat & Potato Burrito-Beef				X		X		X
Meat & Potato Burrito-Chicken				X		X		X
Meat & Potato Burrito-Crunchy Chicken		X		X		X		X
Bean Burrito				X		X		X
Beef Burrito				X		X		X
Combination Burrito				X		X		X
Grilled Burrito-Beef				X		X		X
Grilled Burrito-Chicken		X		X		X		X
<u>Specialties</u>								
Beef Taco Salad w/o Dressing				X		X		X
Chicken Taco Salad w/o Dressing				X		X		X
Crunchy Chicken Taco Salad w/o Dressing		X		X		X		X
Super Nachos – Beef				X		X		X
Super Nachos – Sirloin Steak				X		X		X
Super Potato Olés®				X		X		X
Cheesy Quesadilla				X		X		X
Chicken Quesadilla				X		X		X
Beef Quesadilla				X		X		X
Crunchy Chicken w/o Sauce		X		X				X
Mexi Rolls® w/o Nacho Cheese				X		X		X
<u>Kid's Meals</u>								
Crispy Taco				X		X		X
Softshell Taco				X		X		X
Chicken Softshell Taco				X		X		X
Bean Burrito				X		X		X
Kid's size Cheesy Quesadilla				X				X
Kid's size Crunchy Chicken w/ Ranch		X		X		X		X

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<u>Kid's Meal-cont.</u>								
Potato Olés® -Kid's size								
Giant Goldfish® Grahams						X		X
<u>Sides</u>								
Potato Oles®								
Chips & Queso				X		X		X
Chips & Nacho Cheese				X		X		
Side Salad (w/ out dressing)				X				
Refried Beans				X				
Chips								
<u>Desserts</u>								
Churro		X		X		X		X
Mexican Donut Bites				X		X		X
<u>Condiments</u>								
Mild Sauce								
Hot Sauce								
Super-Hot Sauce								
House Salsa								
Pico de Gallo								
Nacho Cheese Sauce				X		X		
Sour Cream				X				
Guacamole								
House Dressing								
Ranch Dressing		X		X				
Bacon Ranch Dressing		X		X		X		
Creamy Italian Dressing								
<u>*Breakfast</u>								
Jr. Breakfast Burrito – Bacon		X		X		X		X
Jr. Breakfast Burrito – Sausage		X		X		X		X
Breakfast Burrito – Bacon		X		X		X		X
Breakfast Burrito – Sausage		X		X		X		X
Meat & Potato Breakfast Burrito-Bacon		X		X		X		X
Meat & Potato Breakfast Burrito-Sausage		X		X		X		X
Scrambler Burrito – Bacon		X		X		X		X
Scrambler Burrito – Sausage		X		X		X		X
Potato Olés® Scrambler - Bacon		X		X		X		
Potato Olés® Scrambler – Sausage		X		X		X		
Breakfast Egg Burrito		X		X				X
Breakfast Egg Burrito – Bacon		X		X				X
Breakfast Egg Burrito - Sausage		X		X				X
Spicy Chorizo Breakfast Burrito		X		X		X		X
<u>*Local Favorites</u>								
Taco Burger				X		X		X
Ranch Burger		X		X		X		X
Cheese Roll-Up				X				X

*Not available at all locations

This allergen list is compiled based on menu item information provided to Taco John's International, Inc. (TJI) by food manufacturers as of the date of publication. Allergens for limited time offers, test products and regional items may not be included. TJI, its franchisees and their respective employees, do not assume responsibility for a particular sensitivity or allergy to any food provided in our restaurants.

Menu items served in Taco John's® restaurants that are **co-branded with Steak Escape or Good Times Burgers & Custard** may come in contact with allergens from the other brand, such as peanut oil in the fryers of Steak Escape restaurants and peanuts used in treat preparation in Good Times restaurants.

Giant Goldfish® Grahams is a registered trademark of Pepperidge Farms.

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