


# ALLERGEN CHART

This allergen list includes the eight major food allergens identified by the United States Food and Drug Administration (FDA): **eggs, milk, peanuts, fish, shellfish, soy, tree nuts and wheat**. Since soybean oil is highly refined, which removes the allergenic soy protein, the FDA does not require foods that contain soybean oil to be listed as a soy allergen. Although soy lecithin is refined oil, research has shown it may contain trace amounts of soy protein. For this reason, items that contain soy lecithin are marked as containing "soybeans."

When checking for allergens, it is important to note that a menu item may come in contact with an allergen from other menu items due to shared equipment and preparation areas. For example, Potato Olés® are fried in the same fryer and oil as Crunchy Chicken and Churros. **There is no guarantee that cross-contact with other allergens will not occur.**


 MENU ITEMS	Crustacean Shellfish	Eggs	Fin Fish	Milk	Peanuts	Soybeans	Tree Nuts	Wheat
<b>PROMOTIONAL ITEMS</b>								
Sirloin Steak Burrito, Cheesesteak				X		X		X
Sirloin Steak Burrito, Steak & Shrimp	X			X		X		X
Triple Meat Breakfast Burrito		X		X		X		X
Sparkling Lemonade, Strawberry								
Sparkling Lemonade, Prickly Pear								
Sparkling Lemonade, Blue Raspberry								
<b>TACOS</b>								
Crispy Taco -Beef				X		X		X
Softshell Taco-Beef				X		X		X
Softshell Taco-Chicken				X		X		X
Single Street Taco-Sirloin Steak				X		X		X
Single Street Taco-Chicken				X				X
Taco Bravo® - Beef				X		X		X
Stuffed Grilled Taco -Beef				X		X		X
<b>BURRITOS</b>								
Super Burrito -Beef				X		X		X
Meat & Potato Burrito -Beef				X		X		X
Meat & Potato Burrito -Chicken				X		X		X
Meat & Potato Burrito -Crunchy Chicken		X		X		X		X
Grilled Burrito-Beef				X		X		X
Grilled Burrito-Chicken		X		X		X		X
Bean Burrito				X		X		X
Beef Burrito				X		X		X
Combination Burrito				X		X		X
<b>SPECIALTIES</b>								
Taco Salad w/o dressing -Beef				X		X		X
Taco Salad w/o dressing -Chicken				X		X		X
Taco Salad w/o dressing -Crunchy Chicken		X		X		X		X
Super Nachos - Beef				X		X		X
Super Nachos, Small - Beef				X		X		X
Super Nachos - Sirloin Steak				X		X		X
Super Nachos, Small - Sirloin Steak				X		X		X
Super Potato Olés®				X		X		X
Super Potato Olés®, Small				X		X		X
Quesadilla -Cheese				X		X		X
Quesadilla -Chicken				X		X		X
Quesadilla -Beef				X		X		X
Crunchy Chicken w/ Ranch		X		X				X
Mexi Rolls® -4 Piece w/o dip				X		X		X
Mexi Rolls® -6 Piece w/o dip				X		X		X
<b>KID'S MENU ITEMS</b>								
Crispy Taco -Beef				X		X		X
Softshell Taco-Beef				X		X		X
Quesadilla, Kid's Size - Cheesy				X				X
Crunchy Chicken w/o sauce, Kid's Size		X		X		X		X
Potato Olés® - Kid's Meal/Breakfast Portion								
Giant Goldfish® Grahams						X		X
<b>SIDES</b>								
Potato Olés® - Kid's Meal/Breakfast Portion								
Potato Olés® - Small								
Potato Olés® - Medium								
Potato Olés® - Large								
Chips & Queso				X		X		X
Chips & Nacho				X		X		
Refried Beans				X				
Side Salad (w/out dressing)				X				
Chips								
<b>DESSERTS</b>								
Churro		X		X		X		X
Mexican Donut Bites				X		X		X

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Menu items served in Taco John's® restaurants that are **co-branded with Steak Escape or Good Times Burgers & Custard** may come in contact with allergens from the other brand, such as peanut oil in the fryers of Steak Escape restaurants and peanuts used in treat preparation in Good Times restaurants.

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 <b>TACO JOHN'S</b> <b>MENU ITEMS</b>	Crustacean Shellfish	Eggs	Fin Fish	Milk	Peanuts	Soybeans	Tree Nuts	Wheat
<b>DIPS, CONDIMENTS &amp; DRESSINGS</b>								
Mild Sauce – 1 oz. portion								
Hot Sauce – 1 oz. portion								
Super-Hot Sauce 1 oz. portion								
Salsa-1 oz. portion								
House Dressing, 1.5 oz. portion								
Ranch Dressing, 1.5 oz. portion		X		X				
Bacon Ranch Dressing, 1.5 oz. portion		X		X		X		
Creamy Italian Dressing, 1.5 oz. portion								
Pico de Gallo-1 oz. portion								
Nacho Cheese Sauce, 3 oz. portion				X		X		
Sour Cream, 2.5 oz. portion				X				
Guacamole, 2.5 oz. portion								
<b>LOCAL FAVORITES*</b>								
Taco Burger				X		X		X
Ranch Burrito		X		X		X		X
Cheese Roll-up				X				X
<b>BREAKFAST*</b>								
Jr. Breakfast Burrito-Bacon		X		X		X		X
Jr. Breakfast Burrito-Sausage		X		X		X		X
Meat & Potato Breakfast Burrito-Bacon		X		X		X		X
Meat & Potato Breakfast Burrito-Sausage		X		X		X		X
Scrambler Breakfast Burrito-Bacon		X		X		X		X
Scrambler Breakfast Burrito-Sausage		X		X		X		
Potato Olés® Scrambler - Bacon		X		X		X		
Potato Olés® Scrambler -Sausage		X		X		X		
Potato Olés® Scrambler, Small -Bacon		X		X		X		
Potato Olés® Scrambler, Small -Sausage		X		X		X		
Breakfast Egg Burrito		X		X				X
Breakfast Egg Burrito-Bacon		X		X				X
Breakfast Egg Burrito-Sausage		X		X				X
Spicy Chorizo Breakfast Burrito		X		X		X		X
<b>PEPSI</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>DIET PEPSI &amp; CAFFEINE FREE DIET PEPSI</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>MIST TWIST</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>MOUNTAIN DEW</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>DIET MOUNTAIN DEW</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>TROPICANA LEMONADE</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>DR PEPPER</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								
<b>LIFEWATER YUMBERRY POMEGRANATE</b>								
Kid's size - 12 oz.								
Small – 20 oz.								
Medium – 30 oz.								
Large – 40 oz.								

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<b>BRISK NO CALORIE PEACH ICED GREEN TEA</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>BRISK RASPBERRY ICED TEA</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>PEPSI WILD CHERRY</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>MUG ROOT BEER</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>TROPICANA FRUIT PUNCH</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>TROPICANA TWISTER ORANGE</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>LIPTON® ICED TEA</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>LIPTON® SWEET TEA</b>								
Kid's size - 12 oz.								
Small - 20 oz.								
Medium - 30 oz.								
Large - 40 oz.								
<b>OTHER BEVERAGES</b>								
Coffee - 16 oz.								
Nesquick White Milk - 8 oz.				X				
Nesquick Chocolate Milk - 8 oz.				X				
Tropicana Orange Juice - 12 oz.								
Nestlé Pure Life Water 16.9 oz.								

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